

# Shower and Bath Filters

## Chlorine is used to disinfect water, so what's the problem with showering in it?

- ◆ **Long term effects** Chlorine has been used as a water disinfectant for years, but there remain questions over its long term effect on human health.
- ◆ **Easily absorbed** Yes, it kills germs, bacteria and other micro-organisms, but research shows that chlorine can also be easily absorbed through the skin and lungs whilst showering.
- ◆ **Interesting findings** Tests show the human body can absorb more chlorine in one 10 minute shower than it can by drinking the same amount of water. A warm shower or bath opens the pores, causing the skin to act like a sponge where the chlorine absorbs straight into the blood stream at a rate up to six times higher than by drinking it alone.
- ◆ **Health problems** Chlorine has been shown to destroy proteins in the body, irritate skin and sinus conditions as well as aggravate respiratory problems.

## How is my shower effecting me?

- ◆ **Symptoms** Symptoms of chlorine exposure can include dry skin, brittle hair and a flaking scalp. What's more, if you suffer from asthma, sinus condition, allergies, skin rashes or even emphysema, chlorinated water can make these conditions worse.



**“When I heard how up to 100 times more chlorine can be absorbed in a shower than by drinking the same water, I was amazed. After installing a shower filter I have seen a noticeable difference in my hair quality and my skin is definitely less dry. I would encourage other people with skin conditions or allergies to research shower filtration – I have certainly noticed the benefits after only a few weeks.”**

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## How can I eliminate the chlorine in my shower or bath?

◆ **Easy Answer** The good news is that you can stop chlorine and other dangerous by-products from entering your body through the skin and lungs with a shower filter. Shower filters can remove up to 99% of chlorine, oxides, hydrogen sulphite odours and other harmful contaminants in your shower or bath.

◆ **Benefits** Shower filters can help to promote healthy skin and hair by removing the causes of skin irritation and by preventing hair from becoming overly dry and brittle.

## Leading the way in first-class shower filtration technology

◆ **World class** The team at Water<sub>2</sub>Water has researched and selected some of the best products currently available in the world to ensure your bathing water is free of toxins that can irritate and aggravate the skin.

◆ **Easy Self Installation** Our range of easy to install bath and shower filters can allow everyone the luxury of showering in filtered, clean water.

## How will I know which product is right for my needs?

◆ **Pure Service** Product Advisors at Water<sub>2</sub>Water have in depth knowledge of a range of quality products which will suit your specific requirements. Our high performance shower filters combine easy operation and maintenance with the ultimate in structural integrity and overall reliability.

**Please contact us for further information and advice, and to find out how to make your shower and bath water toxin-free.**



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