Reverse Osmosis Is it really the smart choice?



What's good about Reverse Osmosis?

• Good for sensitive diets It's great if you have a sensitive diet or a medical condition requiring absolutely pure water. It's ultra effective at removing 99% of all dissolved organic and inorganic impurities such as salts, heavy metals, chemicals and bacteria.

What's bad about Reverse Osmosis?

- Removes vital minerals It strips out 95% of water's naturally occurring minerals. By opting for this system, you and your growing children could be missing out on valuable nutrients.
 - ♦ Wastes water At a time when water resources are at a premium, reverse osmosis wastes 3 4 litres of drinking water per l litre of filtered water produced.

Seagull IV - a better option

• Microbiologically safe This system does not breed bacteria or viruses within the system if you leave it unused for a period of time due to its 'Structured Matrix' filters.

• Extremely efficient filter This is as pure as water gets without stripping it of vital minerals. Seagull IV purifies against all heavy metals, bacteria, cysts and viruses to USEPA Certification standards.

No water wastage

Twin System - another alternative

- No water wastage The Twin System produces high-quality, filtered water without wasting a drop.
- Leaves vital minerals It leaves the water packed full of all the valuable nutrients your body needs.
- Choice of filters Choose from special lead and copper reduction filters plus UV filters that modify the Twin System to suit your specific needs

"After the birth of my first baby, I was determined that I would only use reverse osmosis filtered drinking water. However I was shocked to find out that it produced essentially distilled water not suitable for long-term consumption. I have since changed to a Seagull IV installed by Water2Water. It was easy to install and fitted discreetly under my kitchen sink. I now have total peace of mind."

Belinda Caratti, Fremantle





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Shower and Bath Filters



Chlorine is used to disinfect water, so what's the problem with showering in it?

- ♦ Long term effects Chlorine has been used as a water disinfectant for years, but there remain questions over its long term effect on human health.
- Easily absorbed Yes, it kills germs, bacteria and other micro-organisms, but research shows that chlorine can also be easily absorbed through the skin and lungs whilst showering.
- Interesting findings Tests show the human body can absorb more chlorine in one 10 minute shower than it can by drinking the same amount of water. A warm shower or bath opens the pores, causing the skin to act like a sponge where the chlorine absorbs straight into the blood stream at a rate up to six times higher than by drinking it alone.
- Health problems Chlorine has been shown to destroy proteins in the body, irritate skin and sinus conditions as well as aggravate respiratory problems.

How is my shower effecting me?

• Symptoms Symptoms of chlorine exposure can include dry skin, brittle hair and a flaking scalp. What's more, if you suffer from asthma, sinus condition, allergies, skin rashes or even emphysema, chlorinated water can make these conditions worse.



"When I heard how up to 100 times more chlorine can be absorbed in a shower than by drinking the same water, I was amazed. After installing a shower filter I have seen a noticeable difference in my hair quality and my skin is definitely less dry. I would encourage other people with skin conditions or allergies to research shower filtration - I have certainly noticed the benefits after only a few weeks."

Whitney Hawthorn Balgowlah, Sydney



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